




# What is your creativity?

An exploration of all things creative.

Sarah A. Lubbe





# Goals of this program

Explore your  
creativity

Create and present  
to classmates

Learn and practice  
creative thinking  
skills

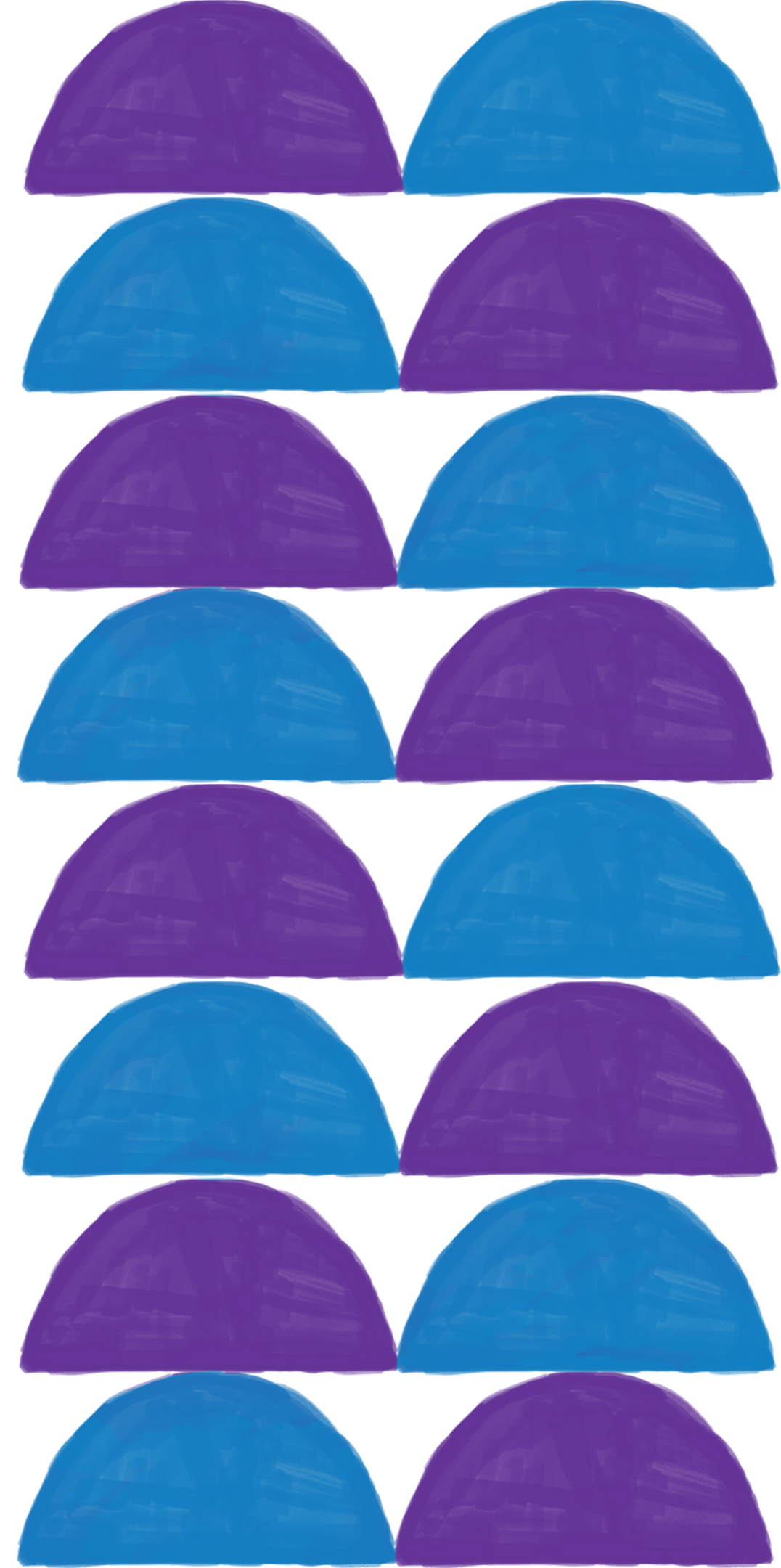
Broaden your view  
on creativity

We will work  
together on projects

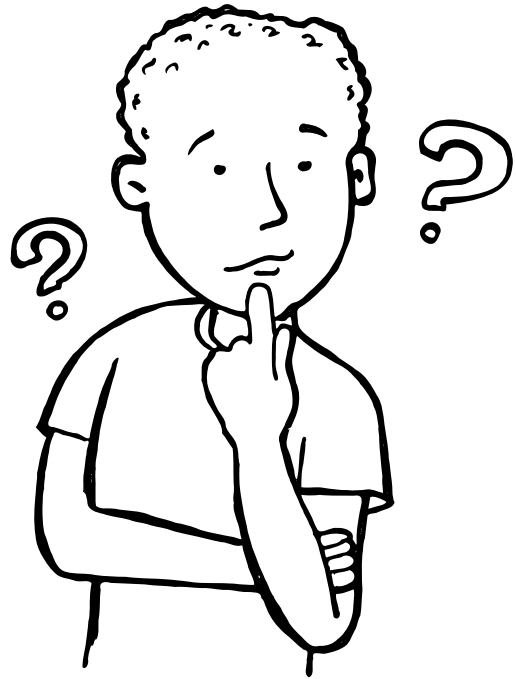
# What is this program?

During these classes you will learn about

- The creative person and the creative space
- Creative thinking skills and the creative process
  - Convergent & divergent thinking
  - Brainstorming
  - Planning and executing your ideas
  - Presenting your creations
- Opportunities to work alone and with groups
- Plan, create, and present small and large projects



# Creativity Journals



Rumination: constantly thinking about your work/ideas/projects/performance from a "good" or "bad" perspective.

Why is this not a helpful way of thinking?

This class does not give out grades.

Instead we are going to use self reflection, self evaluation and constructive feedback.

In your creativity journal you will

- Answer reflective questions
- Practice critical thinking, incorporate feedback
- Plan short and long term goals
- Describe and solve problems
- Track your thoughts, work habits and feelings
- Begin to discover your artistic voice and process



**What do you  
need to be  
creative?**



**How do you  
express  
yourself?**



**How are you  
creative?**




# What is creativity?

As a group brainstorm what creativity is for you.



**What stops  
you from  
creating  
something?**



**How would you  
describe creativity to  
someone?**

Creativity is intelligence  
having fun.

ALBERT EINSTEIN



You cant use up  
creativity. The more you  
use, the more you have.

MAYA ANGELOU

Watch this video by John  
Spencer

<https://www.youtube.com/watch?v=MTCOExd0hDk>

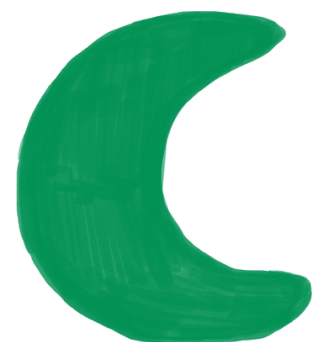
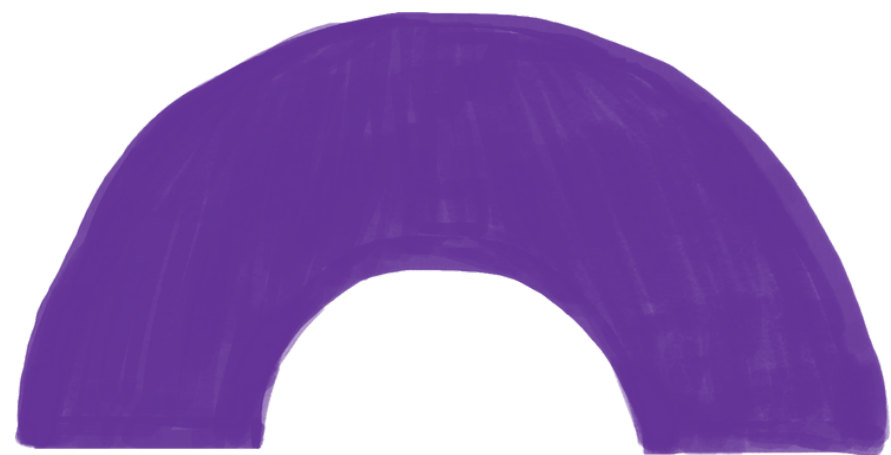


# Creativity is not just in the arts!



To be creative you don't have to always be involved in the "arts". Creative people have interests in many areas! There are many creative scientists, activist, mathematicians, writers, cooks. Creativity is everywhere and changes depending on your interests, your family, your environment, culture, society, etc.

What area are you creative in?



A way of thinking

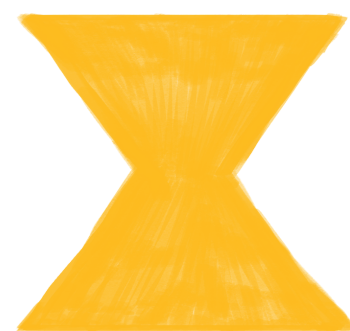
Convergent & divergent thinking



Your ability, talents,  
environment, experiences,  
society, culture...



A step by step process

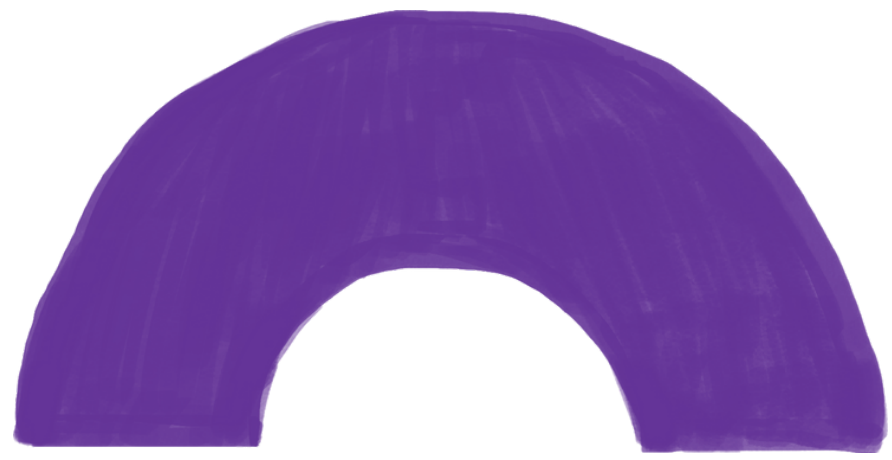


Found in unexpected  
places and subjects

# Creativity can be...







The environment, a person's experiences, society, culture and **more** can **influence** creativity



What do your parents think about creativity?

How does school affect your creativity?

Does your culture affect your creativity?

Does nature support your creativity?

What changes would you make to help your creativity?



What inspires you?

Does your classroom support creativity?

What questions help your creativity?

How do other students affect your creativity?

What makes you feel creative?



# Activity Time

Creative Space Project



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**How do you  
express  
yourself?**



**How are you  
creative?**




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**How would you  
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someone?**

# Processing Questions

- How have my perceptions of creativity changed and stayed the same?
- What qualities do I have that contribute to my creativity?
- How does my environment support/hinder my creativity? How can I change this?



# My Creativity Portrait

Create a portrait that  
describes your creativity

Plan a 3 minute  
"presentation" for  
the class

Use your creativity  
journal to plan your  
ideas

